

## Kids of Power & Praise (KOPPS) Club

**Hebrews 11:6 “Without faith it is impossible to please the LORD, for if you want to come to GOD, you must believe that He exists, and that He is a REWARDER of all those who DILIGENTLY seek Him.”**

**Question: How do we diligently seek GOD?**

**Answer: Meet with JESUS every day to sing to Him, study the Bible and do what it says, and pray.**

### 17 Steps to Meditate on Scripture and Implement it in your Life

1. **Listen Carefully** - Read it out loud, listen, and write it in your journal (Mark 4:24-25):
  - a. Genesis 1:1-31 and 2:1-3
2. **Repeat it again and again** - Make up a song and sing it over and over (Deuteronomy 6:4-9)
3. **Understand** - Ask questions and try to answer them (Luke 24:45):
  - a. Did GOD really make the Heavens and the earth, and everything in it? Yes! This is a true story; a genuine account of what happened at creation.
  - b. What are GOD's commands to people?
    - i. Be fruitful and multiply and fill the earth (get married and have lots of children!)
    - ii. Govern the earth. Take care of the earth. Reign over the fish, the birds, and all animals. (1:28)
  - c. What other important concepts were given?
    - i. GOD gave us seed-bearing plants and fruit trees as our food. Human's first diet was vegetarian. After the flood, they were allowed to eat meat. (1:30)
    - ii. The seventh day (Saturday) was declared holy, because GOD rested on that day (2:3)
  - d. What did GOD make on the different days?
    - i. Sunday (Day 1) – Let there be LIGHT. He separated light and darkness.
    - ii. Monday (Day 2) – He separated the clouds from the ocean and made the sky.
    - iii. Tuesday (Day 3) – Made the dry land appear and created grass, flowers, bushes, and trees; all sorts of vegetation.
    - iv. Wednesday (Day 4) – He made the sun, moon, and stars.
    - v. Thursday (Day 5) – GOD made fish (and everything that lives in the water) and birds.
    - vi. Friday (Day 6) – GOD made land animals, insects, and human beings.
    - vii. Saturday – GOD rested!
4. **Believe and Declare** - Restate the Scripture passage as a belief statement (John 6:29 & 69, Mark 9:23, Numbers 23:19):
  - a. LORD JESUS, I believe that You created the earth and everything we see. You are our wise Creator! You know about everything, because You made it all. You also know how to fix everything, because You created it!
  - b. I declare that GOD created me with a purpose! I declare that I am in fellowship with Him and know Him. I declare that I take care of the earth and the animals around me. I eat healthful foods and I rest on the Sabbath Day!
5. **Make a Plan** - How can you actually DO this Scripture in your life today? (Proverbs 21:5; Isaiah 32:8): How can I listen to your teaching and follow it?
  - i. I can take care of feeding and watering my pets.
  - ii. I can keep the earth clean and beautiful by picking up trash, doing yardwork, gardening, and planting trees.
  - iii. I can eat healthful foods: fruits (apples, bananas, oranges), vegetables (carrots, broccoli, celery, salad), proteins (peanuts, cheese), carbohydrates (spaghetti, bread, granola bars), not just all junk food. Have a variety of healthful foods.
  - iv. I can take some time to rest on the Sabbath and refresh my soul.

- v. I can thank GOD for the gender that GOD made me (male or female) and prepare myself to get married someday by developing various skills and character qualities. In addition, I can learn how to take care of children (babysitting!)
  - vi. I can spend time every day talking to GOD my Creator. If I have any questions about anything in life, I can ask Him. He always knows the answer (because He made us) and He will find a way to send us the answer!
6. **Count the Cost** - How much Time, Effort, Money, Pain, and Sacrifice will it cost you to do this plan? (Luke 14:26-28):
    - a. Time:
    - b. Effort:
    - c. Money:
    - d. Pain:
    - e. Sacrifice:
  7. **Say "Yes!"** - If you are willing to pay the price, then say, "Yes, LORD, I want to do this." (Matthew 5:33-37):
    - a. \_\_\_\_\_
  8. **Commit it to the LORD** - Pray, "LORD JESUS, I commit this plan to You." (Proverbs 16:3):
  9. **Begin immediately with 2 minutes of action** - Write it on your calendar and To-Do List. Do something small to get the plan going (John 9:4): \_\_\_\_\_
  10. **Work the Plan** - Carry out your ideas as planned (Colossians 3:23-24): \_\_\_\_\_
  11. **Finish it** - Persevere to the very end. Then clean up tools and put them away (2 Timothy 4:7-8): \_\_\_\_\_
  12. **Build Character** - As you do this Scripture, what character qualities will you be developing? (Colossians 3:10-14):
    - a. \_\_\_\_\_:
    - b. \_\_\_\_\_:
    - c. \_\_\_\_\_:
    - d. \_\_\_\_\_:
  13. **Abide in JESUS** - Notice how JESUS begins to bless you in special ways and how you feel closer to Him. You are becoming Best Friends with JESUS! (John 15:10):
  14. **Pray Bold Prayers** - Use your abiding relationship with JESUS to pray effectual, fervent prayers. "If you abide in Me (Do JESUS' Commands) and my words abide in you, you shall ask what you will, and it shall be done unto you." (John 15:7 & 10). Pray for:
    - a. All people to follow JESUS and be His disciples,
    - b. Our Families and Friends;
    - c. Our cities;
    - d. Our leaders; and
    - e. The protection and safety of all children.
  15. **Make Disciples** - Who can you teach this Scripture passage to? (Matthew 28:19-20)
    - a. \_\_\_\_\_ and \_\_\_\_\_
  16. **Anticipate His Rewards** - Imagine seeing JESUS on the Day of His Return, and Him saying to you, "Well done, good and faithful servant." (Matthew 25:21) And you respond, "We are unworthy servants. We have only done our duty." (Luke 17:10) Here are some of the rewards that JESUS gives to those who love and obey Him to the very end: (See Revelation 2 & 3):
    - a. Fruit from the tree of life in the paradise of GOD (2:7)
    - b. The Crown of Life (2:10)
    - c. You will not be harmed by the second death (2:11)
    - d. Manna that has been hidden away in Heaven (2:17)
    - e. A white voting stone, engraved with a new name that only you understand (2:17)

- f. He will give you authority over all the nations. You will rule the nations with an iron rod and smash them like clay pots. You will have the same authority JESUS received from His FATHER (2:26-28)
  - g. The Morning Star (2:28)... JESUS is the Morning Star (22:16)
  - h. You will be clothed in white (3:5)
  - i. JESUS will never erase your name from the Book of Life (3:5)
  - j. JESUS will announce before His FATHER and His angels that you are His (3:5)
  - k. JESUS will protect you from the great time of testing that will come upon the whole world to test those who belong to this world (3:10)
  - l. You will become a pillar in the Temple of GOD and you will never have to leave it! (3:12)
  - m. JESUS will write on you the Name of His GOD (3:12)
  - n. You will be a citizen in the city of JESUS' GOD – the New Jerusalem that comes down from Heaven from GOD (3:12)
  - o. JESUS will write on you His New Name (3:12)
  - p. JESUS will come and knock on your door, and you will share a meal as friends (3:20)
  - q. You will sit with JESUS on His Throne, just as JESUS was victorious and sat with His FATHER on His Throne (3:21)
17. **Become one of JESUS' Best Friends**: Follow the LAMB wherever He goes (Revelation 14:1-5).
- a. JESUS \_\_\_\_\_ therefore I \_\_\_\_\_.