

## Kids of Power & Praise (KOPPS) Club

Hebrews 11:6 “Without faith it is impossible to please the LORD, for if you want to come to GOD, you must believe that He exists, and that He is a REWARDER of all those who DILIGENTLY seek Him.”

**Question: How do we diligently seek GOD?**

**Answer: Meet with JESUS every day to sing to Him, study the Bible and do what it says, and pray.**

### 17 Steps to Meditate on Scripture and Implement it in your Life

1. **Listen Carefully** - Read it out loud, listen, and write it in your journal (Mark 4:24-25):
  - a. “Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won’t collapse because it is built on bedrock.” (Matthew 7:24 & 25, New Living Translation)
2. **Repeat it again and again** - Make up a song and sing it over and over (Deuteronomy 6:4-9)
3. **Understand** - Ask questions and try to answer them (Luke 24:45):
  - a. What does it mean to listen?
    - i. Dictionary Definition of listen:
      1. To make a conscious effort to hear; attend closely, so as to hear
      2. To give heed; take advice
  - b. How can we be a better listener?
    - i. Look at the person who is talking.
    - ii. Sit up and lean forward.
    - iii. Minimize distractions (turn off music; put phone on silence; make things as quiet as possible; put away other activities)
    - iv. **Pay attention:** Give the speaker your undivided attention, minimize distractions, and focus on both their verbal and non-verbal cues.
    - v. **Show that you are listening:** Use body language like nodding and maintaining eye contact to show engagement.
    - vi. **Provide feedback:** Paraphrase what you've heard to confirm understanding and ask clarifying questions to ensure accuracy.
    - vii. **Defer judgment:** Avoid interrupting or formulating your response while the speaker is still talking.
    - viii. **Respond appropriately:** Engage in a way that shows respect and encourages further communication.
    - ix. **Be present:** Put aside your own thoughts and focus on the speaker's perspective.
    - x. **Ask open-ended questions:** These encourage the speaker to elaborate and share more information.
    - xi. **Reflect on what you hear:** Summarize the speaker's points in your own words to confirm your understanding.
    - xii. **Practice:** Actively listening in conversations and during other activities can help you develop these skills.
    - xiii. **Be patient:** It takes time and practice to become a good listener.
  - c. What does it mean to “Follow JESUS’ teaching”?
    - i. To actually DO what He says

- ii. To put it into practice.
  - iii. We're not just reading His words and saying, "Nice verse" – we are putting it into practice and **DOING** what He has taught, which takes a LOT more effort than just reading the words. Ex: We're not just **READING** the cake recipe with the pretty picture on it. We are going out and shopping for the ingredients, purchasing them, bringing them home, mixing up the cake, put it in the oven, baking it, letting it cool, then mixing up the icing, and decorating the cake. It takes a LOT of work, but when we do it, others can "Taste and see that the LORD is good." (Psalm 34:8) Others cannot enjoy a picture of a cake on a recipe card. But they **CAN** enjoy a yummy cake that you have made!
- d. What does it mean to be wise? What is wisdom?
  - i. WISE- Having or showing good judgment; sagacious [keenly perceptive or discerning], informed, learned, shrewd, cunning
  - ii. WISDOM – learning, knowledge, wise teaching, a wise plan or course of action.
- e. Why should we desire wisdom?
  - i. Proverbs 4:6 Wisdom will protect you
  - ii. Proverbs 8:14 Wisdom will make you successful
  - iii. Proverbs 8:18, 21 Wisdom will give you riches and honor and help you inherit wealth
  - iv. Proverbs 8:32 Wisdom gives you joy
  - v. Proverbs 8:35 Wisdom gives you life
  - vi. Proverbs 8:5 Wisdom will help you understand things and help you have good judgment (make good decisions).
  - vii. Proverbs 4:8-9 "If you prize wisdom, she will make you great. Embrace her, and she will honor you. She will present you with a beautiful crown."
  - viii. JESUS is quoting Proverbs 8:33 "Listen to my instruction and be wise. Don't ignore it." JESUS WANTS us to be wise. Let's obey Him and seek to be wise by doing His commands.
- 4. **Believe and Declare** - Restate the Scripture passage as a belief statement (John 6:29 & 69, Mark 9:23, Numbers 23:19):
  - a. LORD JESUS, I believe that You WANT me to be wise. You want me to receive all the blessings and rewards that come from being wise. I believe that if I listen to Your teaching in the Sermon on the Mount and then actually put it into practice and DO it, I will be acting wisely; building a solid house of wisdom that will stand strong through eternity. The wisdom that you give me will help me and reward me in many ways. Your wisdom will help me to live a joyful, fruitful, productive, life which is successful in the eyes of GOD! People will be able to taste and see that You are good as they experience GOD's Kingdom Zoe life with me!
  - b. I declare that I will listen closely to your teachings, LORD JESUS. I declare that I will follow your teaching. I declare that as I follow your teaching, I will be wise. I declare that Your wisdom will protect me. I declare that Your wisdom will make me successful and give me riches and honor and wealth! I declare that Your wisdom will give me joy! I declare that Your wisdom will give me life! I declare that Your wisdom will help me to make good decisions!! I declare that I WANT the crown of honor that wisdom will give me!!!
- 5. **Make a Plan** - How can you actually DO this Scripture in your life today? (Proverbs 21:5; Isaiah 32:8): How can I listen to your teaching and follow it?
  - i. Read GOD's WORD every day: 1 chapter per day.
  - ii. Read through the Sermon on the Mount Daily for 43 days.
  - iii. Highlight JESUS' commands in blue, then work on one command per day, taking them through the 17 Steps of Meditation and Implementation to figure out how to ACTUALLY DO them, and writing it in my journal. Then DO His Teachings!
  - iv. Keep coming to Kids of Power & Praise Club
- 6. **Count the Cost** - How much Time, Effort, Money, Pain, and Sacrifice will it cost you to do this plan? (Luke 14:26-28):
  - a. Time: One hour each Saturday

- b. Effort: 10; Diligently seeking the LORD
  - c. Money: A few dollars for a highlighter and a journal
  - d. Pain: 4, the pain of effort
  - e. Sacrifice: Free Time on Saturday
7. **Say "Yes!"** - If you are willing to pay the price, then say, "Yes, LORD, I want to do this." (Matthew 5:33-37):
    - a. \_\_\_\_\_
  8. **Commit it to the LORD** - Pray, "LORD JESUS, I commit this plan to You." (Proverbs 16:3):
  9. **Begin immediately with 2 minutes of action** - Write it on your calendar and To-Do List. Do something small to get the plan going (John 9:4): \_\_\_\_\_
  10. **Work the Plan** - Carry out your ideas as planned (Colossians 3:23-24): \_\_\_\_\_
  11. **Finish it** - Persevere to the very end. Then clean up tools and put them away (2 Timothy 4:7-8): \_\_\_\_\_
  12. **Build Character** - As you do this Scripture, what character qualities will you be developing? (Colossians 3:10-14):
    - a. Wisdom: Being keenly perceptive, discerning; having good judgment.
    - b. Diligence: Hard-working; persevering and careful in work, industrious; done with careful, steady effort; painstaking.
    - c. Attentive: Paying close attention to what is going on around you
    - d. Conscientious: Governed by, or done according to, what one knows is right; showing care and precision; painstaking
  13. **Abide in JESUS** - Notice how JESUS begins to bless you in special ways and how you feel closer to Him. You are becoming Best Friends with JESUS! (John 15:10):
  14. **Pray Bold Prayers** - Use your abiding relationship with JESUS to pray effectual, fervent prayers. "If you abide in Me (Do JESUS' Commands) and my words abide in you, you shall ask what you will, and it shall be done unto you." (John 15:7 & 10). Pray for:
    - a. All people to follow JESUS and be His disciples,
    - b. Our Families and Friends;
    - c. Our cities;
    - d. Our leaders; and
    - e. The protection and safety of all children.
  15. **Make Disciples** - Who can you teach this Scripture passage to? (Matthew 28:19-20)
    - a. \_\_\_\_\_ and \_\_\_\_\_
  16. **Anticipate His Rewards** - Imagine seeing JESUS on the Day of His Return, and Him saying to you, "Well done, good and faithful servant." (Matthew 25:21) And you respond, "We are unworthy servants. We have only done our duty." (Luke 17:10) Here are some of the rewards that JESUS gives to those who love and obey Him to the very end: (See Revelation 2 & 3):
    - a. Fruit from the tree of life in the paradise of GOD (2:7)
    - b. The Crown of Life (2:10)
    - c. You will not be harmed by the second death (2:11)
    - d. Manna that has been hidden away in Heaven (2:17)
    - e. A white voting stone, engraved with a new name that only you understand (2:17)
    - f. He will give you authority over all the nations. You will rule the nations with an iron rod and smash them like clay pots. You will have the same authority JESUS received from His FATHER (2:26-28)
    - g. The Morning Star (2:28)... JESUS is the Morning Star (22:16)
    - h. You will be clothed in white (3:5)
    - i. JESUS will never erase your name from the Book of Life (3:5)
    - j. JESUS will announce before His FATHER and His angels that you are His (3:5)

- k. JESUS will protect you from the great time of testing that will come upon the whole world to test those who belong to this world (3:10)
  - l. You will become a pillar in the Temple of GOD and you will never have to leave it! (3:12)
  - m. JESUS will write on you the Name of His GOD (3:12)
  - n. You will be a citizen in the city of JESUS' GOD – the New Jerusalem that comes down from Heaven from GOD (3:12)
  - o. JESUS will write on you His New Name (3:12)
  - p. JESUS will come and knock on your door, and you will share a meal as friends (3:20)
  - q. You will sit with JESUS on His Throne, just as JESUS was victorious and sat with His FATHER on His Throne (3:21)
17. **Become one of JESUS' Best Friends**: Follow the LAMB wherever He goes (Revelation 14:1-5).
- a. JESUS actually does everything He taught in the Sermon on the Mount; therefore I do everything in the Sermon on the Mount.