

Lesson 64:

Pronouncing The 50 United States of America and their Capitals

Directions: Pronounce the following states and capitals, and have your student repeat them. Commonly mispronounced places have the proper pronunciation in parentheses.



STATE	ABBREVIATION	CAPITAL
Alabama	AL	Montgomery (munt-GUM-ery)
Alaska	AK	Juneau (JEW-no)
Arizona	AZ	Phoenix (FEE-nix)
Arkansas (ARK-an-saw)	AR	Little Rock
California	CA	Sacramento
Colorado	CO	Denver
Connecticut (ku-NET-i-cut)	CT	Hartford
Delaware	DE	Dover
Florida	FL	Tallahassee
Georgia	GA	Atlanta
Hawaii	HI	Honolulu
Idaho	ID	Boise (BOY-see)
Illinois (el-in-OY)	IL	Springfield

Indiana	IN	Indianapolis
Iowa	IA	Des Moines (deh MOYN)
Kansas	KS	Topeka
Kentucky	KY	Frankfort
Louisiana	LA	Baton Rouge (batten ROOJSH)
Maine	ME	Augusta
Maryland	MD	Annapolis
Massachusetts	MA	Boston
Michigan	MI	Lansing
Minnesota	MN	Saint Paul
Mississippi	MS	Jackson
Missouri	MO	Jefferson City
Montana	MT	Helena (HELL-en-uh)
Nebraska	NE	Lincoln
Nevada (neh-VAD-uh)	NV	Carson City
New Hampshire	NH	Concord (CON-curd, like “conquered”)
New Jersey	NJ	Trenton
New Mexico	NM	Santa Fe (santuh FAY)
New York	NY	Albany
North Carolina	NC	Raleigh (RAH-lee)
North Dakota	ND	Bismarck
Ohio	OH	Columbus
Oklahoma	OK	Oklahoma City
Oregon	OR	Salem
Pennsylvania	PA	Harrisburg

Rhode Island	PR	Providence
South Carolina	SC	Columbia
South Dakota	SD	Pierre (PEER)
Tennessee	TN	Nashville
Texas	TX	Austin
Utah	UT	Salt Lake City
Vermont	VT	Montpelier (mont-PEEL-yer)
Virginia	VA	Richmond
Washington	WA	Olympia
West Virginia	WV	Charleston
Wisconsin	WI	Madison
Wyoming	WY	Cheyenne (shy-ANNE)

1 Timothy 2:1-4 (International Children's Bible)

¹ First, I tell you to pray for all people. Ask God for the things people need, and be thankful to him. ² You should pray for kings and for all who have authority. Pray for the leaders so that we can have quiet and peaceful lives—lives full of worship and respect for God. ³ This is good, and it pleases God our Savior. ⁴ God wants all people to be saved. And he wants everyone to know the truth.

COMPREHENSION QUESTIONS:

1. What state do you live in?
2. What is the capital of your state?
3. What does verse 2 say that we should do for all our leaders?

PROJECT: Who is your state's governor? Find out his or her name and then pray for him or her. Then pray for all the leaders in your state.